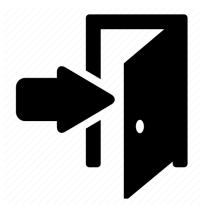
# Revision, Retention and Retrieval

What is revision?

Revision is a learning strategy where pupils focus on encoding **knowledge into** their memory or **getting information in**.

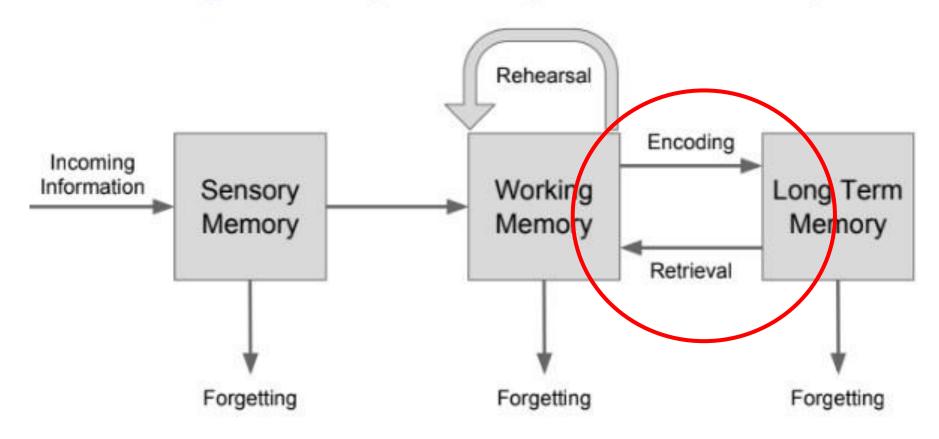


What is retrieval practice?

Retrieval practice is a learning strategy where we focus on **getting information out.** 



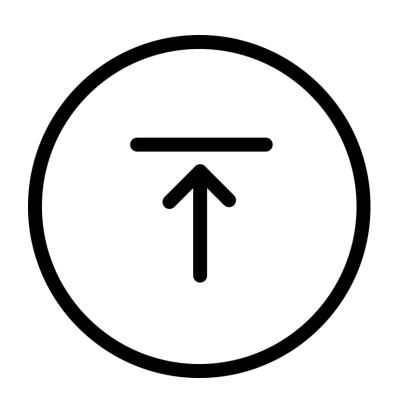
### Working Memory & Long Term Memory



### **Working Memory**

- Almost all information is lost after 30 seconds
- A limited amount of information can be stored
- Capacity can be limited by:
  - Distraction
  - Trying to store too much information
  - Demanding tasks

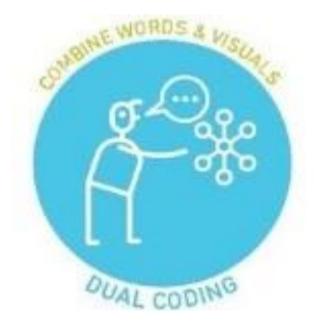
However, the long-term memory is potentially limitless...



# How do we get knowledge into the long-term memory?





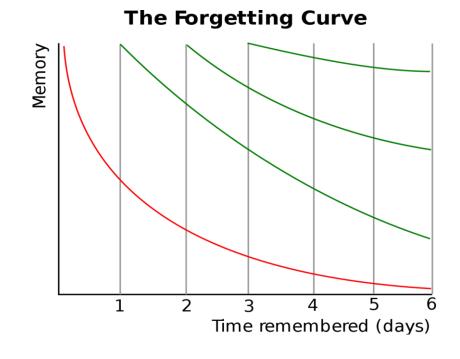


# Spacing

### This means that you shouldn't 'cram' before an exam!

The best way to ensure that your revision is purposeful is to:

- 1. Chunk it down to smaller units
- 2. Revise a chunk in detail (40 minutes)
- **3. Revisit** the learning after a short gap for a shorter amount of time



The best way to ensure you space out your revision is to create a timetable so you can allocate where you will revise each chunk and where you will revisit the learning over time.

## Be active in your revision!

Passive Revision:

Re-read notes

Highlight information

Read through revision guide

Write revision cards



### **Active Revision - Retrieval Practice**

#### In a nutshell:

#### Students retrieve previously taught information from the long term memory

#### This might include:

- Quizzes
- Tests
- Creating or completing concept maps
- Students writing everything they can remember about a topic (free recall)
- Using flashcards to self test
- Completing exam past papers

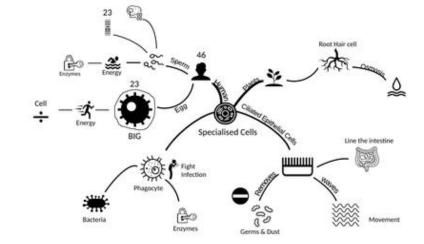


Retrieval practice should **always** be carried out without access to notes or previous work. It should be followed by an opportunity to for students to check whether they correctly recalled the information.

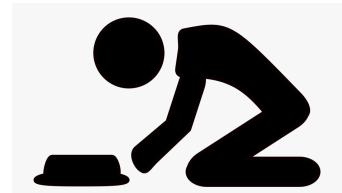
# **Dual Coding**

# Use complementary symbols or pictures to explain information or concepts

- Breaking down a process into a diagram or flow chart
- Students creating revision notes with symbols beside important or difficult words
- Students using images or symbols to test their learning



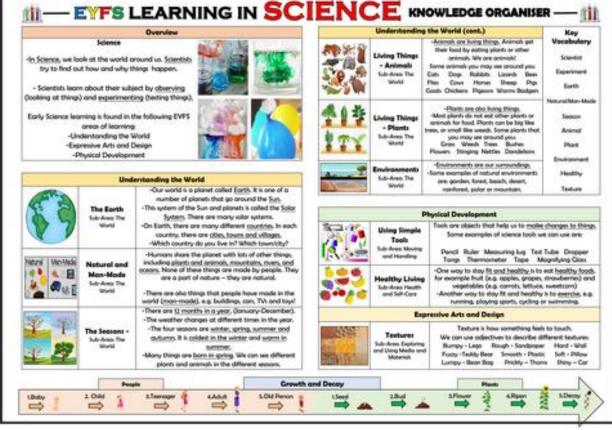




### **Knowledge organisers**

These are a great way to chunk the information for a unit. They include all the key information about a unit of work on one page.





# Quizlet



